

Author Scientist Leadership Coach

Dr. Lizette Warner

About The Book



Working hard or leaning in is what we do to get ahead. Acclaimed healthcare scientist and certified leadership coach Dr. Lizette Warner presents how to harness the power of biomarkers and tackle doubt and fear to become a powerful, poised, and present leader.

In *Power, Poise, and Presence*, Dr. Warner shares principles, techniques, and stories about how to lead with powerful communications, stay poised amid discomfort or uncertainty and be a confident presence amid emotions or turmoil.

Early Praise

"Reminds me of *Daring Greatly* by Brené Brown."

- Pam Aks PCC, UTD Faculty Coach.

"A clear guide on how to develop the ability to accept what is thrown our way and come out looking unfazed and on top."

- Lisa Gable, Bestselling Author of *Turnaround*, former US Ambassador

"A great read (for both sexes) about leadership and developing your own 'presence' to be able to handle any situation."

- Kim Liiv Rose, VP of Legal Operations at Lightship Inc.

Learn About

Biomarkers and How to Use Them

Power, Poise and Presence

Perfection and Pitfalls

Authentic Leadership

Energy Efficiency

Raising Authentic Kids

Creating Authentic Cultures

Interview Questions

What inspired the book?

What's your favorite story/book?

Why power, poise and presence?

What are biomarkers?

Embracing the suck? Explain.

What's the most important concept?

Let's Collaborate



lizettewarner.com



lizette@optimumvobis.com



[Lighthearted Leadership with Dr. Lizette Podcast](#)

